

Kasha Vick

Arlington Resource Guide

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Arlington Resource Guide

- 1. 211 Texas-** This resource helps Texans with food, housing, evictions, childcare, substance abuse treatment, etc. Information available in Spanish.
Website: <https://www.211texas.org>
Phone Number: 1-877-541-7905
- 2. Affordable Health Care-JPS Connection-**Reduced medical prices
Phone Number: 817-702-1100
www.jpshhealthnet.org/financial-resources/jps-connection
Spanish Available
- 3. Alcohol Anonymous-**This site lists days and times for AA meetings. There are 6 groups in Arlington and 3 in Mansfield.
Website: www.onlinegroupsaa.org
Website: www.fortworthaa.org/?page_id=5800
Phone Number: 1-877-277-8787 (for S. Bowen Street)
- 4. Arlington Charities-**Crisis assistance programs, food, hygiene items, clothing
Make an appointment at 8:30 am on the day you want to go visit.
Hours of operation: M-F 9:15-12:30, 811 Secretary Drive Arlington, 76015
Phone Number: 817-275-1511
- 5. Arlington Housing Authority-**This service provides rental assistance, voucher programs, homeless services, eviction prevention, etc. Prices may vary.
Address: 501 W. Sanford Street Suite 20 Arlington, Texas 76011
Phone Number: 817-275-3351
Hours: Monday -Thursday 8:30-5:00 (closed for lunch 12:30-1:30),
Friday 8:30-12:30 Spanish available on website, top left
Website: www.arlingtontx.gov/city_hall/departments/housing_authority

- 6. Arlington Independent School District**-This site covers many topics such as families in transition, free and reduced food information, health and medical services, and much more. Spanish available on website, top right
Websites: <https://www.aisd.net/district/departments/>
- 7. Arlington Life Shelter**-This service provides shelter, employment programs, and transitional job services for the homeless. This is free.
Address: 325 W. Division Street Arlington, Texas 76011
Phone Number: 817-548-9885, if interested, call ahead
Hours: Monday -Friday 9:00-5:00
- 8. Arlington Police**-The victim service department provides crisis counseling for crime victims, assistance in filing crime compensation claims, etc.
Address: 620 W. Division Street Arlington, Texas 76011
Phone Number: 817-459-5339
Hours: 6:00 am -2:00 am /7 days a week (for the office)
- 9. Arlington Urban Ministries**-This service provides money in emergency situations for things such as utilities, food, and rent. Monthly food pantry available the 1st Wednesday of each month.
Address: 701 Dugan Street Arlington, Texas 76010
Phone Number: 817-861-8585
Hours: Monday-Thursday 9:00-5:00
- 10. Before and/or After School Care**-Boys and Girls Clubs of Arlington
This service offers childcare After school ONLY at some school facilities.
Address: 608 N. Elm Street Arlington, Texas 76011
Phone Number: 817-442-7107
Hours for after school care: 3:30-7:00 pm
- 11. Before and/or After School Care**-Tarrant County Kids/Girl's Inc.
This service offers childcare at some school facilities. Call for details. Prices vary.
Address: 2820 Matlock Road Arlington, Texas 76015
Phone Number: 817-468-0306
Hours for school care: Before 6:30-8:00 am, After 3:35-6:30 pm
- 12. Before and/or After School Child Care**-YMCA
This service offers childcare at some school facilities. Call for details. Prices vary.

Address: Central YMCA: 2200 S. Davis Dr. Arlington, Texas 76013

Phone Number: 817-274-9622

Address: Cooper YMCA: 7120 S. Cooper Street Arlington, Texas 76001

Phone Number: 817-419-9629

Approximate hours for both facilities: 6:30-8:00 am, 3:35-6:30 pm

- 13. Behavioral Health-Mesa Springs Innovations**-This facility offers inpatient and outpatient health programs for all ages. Most commonly treated are children suffering from mental illness and substance abuse. Prices vary.

Address: 4935 S. Collins Street Arlington, Texas 76018

Phone Number: 682-320-2800 24/7 line: 817-678-1261

If need Spanish, tell the person that answers your call.

- 14. Behavioral Health Hospital-Perimeter**-This new facility offers inpatient and outpatient behavioral services for children. Most commonly treated: mental health issues, trauma issues, and chemical dependency. Prices vary.

Address: 7000 U.S. Highway 287 Arlington, Texas 76001

Phone Number: 817-662-6342 24 hours a day

Phone Number: 817-662-6341

If need Spanish, tell the person that answers your call.

- 15. CPS** (see Department of Family and Protective Services)

- 16. Cash for Your Family**-Go to the need help paying bills website below. This site explains how you can apply for help with rent, electricity, heat, dental, medical, and food.

Website: <https://www.needhelppayingbills.com>

- 17. Cash for Your Family**-Check out the TANF program. This site is found through Your Texas Benefits. You could possibly qualify for a one-time grant payment.

Phone Number: M-F 8 to 6 pm 1-877-541-7905

Website: <https://yourtexasbenefits.hhsc.texas.gov/programs/tanf>

- 18. Catholic Charities of Fort Worth**-This facility offers help with dental needs, immigration, transportation, tax returns, and financial assistance. Prices vary.

Address: 249 Thornhill Drive Fort Worth, Texas 76115
Phone Number: 817-534-0814 Choose option #1 8 am to 12 pm Spanish available.
Hours: Monday -Friday 8:00-5:00
www.Catholiccharitiesfortworth.org

- 19. Catholic Charities of Fort Worth-Arlington Campus**-This facility offers help with financial assistance, immigration, transportation, health care guidance, and more.

Address: 917 W. Sanford Street Arlington, Texas 76012
Phone Number: 817-289-3858 /Community Care Line 8am to 12 pm: 817-534-0814
Hours: Monday -Friday 9:00-12:00 Spanish available on the Community Line.
www.catholiccharitiesfortworth.org/arlington-campus/

- 20. Childcare/Daycare**-Childcare Management Services-CCMS is through Workforce Solutions. Call or e-mail to see if you are available for childcare financial assistance. Spanish available. Online chat is available.

Phone Number: 817-831-0374 or 817-413-4000

Website: www.workforcesolutions.net/job-seeker-services/childcare/

- 21. Children's Health Insurance-CHIP**- This site explains many services available to low-income families.

Website: www.texaschildrenshealthplan.org/what-we-offer/chip and
Spanish is available

Website: <https://chipassistance.org/chip-info-by-state/texas-chip-program/>

Phone Number: 1-800-318-2596 or 1-877-543-7669

- 22. City of Arlington, Texas**- This site is the main website for the city of Arlington. Some of the tabs include: city services, applications and permits, seniors, free fun events, and useful links.

Website: <https://www.arlingtontx.gov>

- 23. Counseling**-ACH Child and Family Services- This service provides free counseling for youth (ages 6 to 17) and their families. Bilingual service available. Evening and Saturday appointments available. ACH provides transitional living and has a few options for this. They have a youth emergency shelter.

Address: 3712 Wichita Street Forth Worth, Texas 76119
Phone Number: 817-335-4673
Hours for phone line: Monday-Friday 8:00-5:00
Website: www.achservices.org

24. Counseling-Children First, Inc.-This service provides counseling to children, teens, adults, and families. They specialize in domestic abuse. Prices are on a sliding scale. Bilingual available. Medicaid accepted. Evening and Saturday appointments available.
Address: 202 College Street Grand Prairie, Texas 75050
Website: <https://www.childrenfirstinc.org>
Phone Number: 972-264-0604
Hours for the phone line: Monday through Friday 9:00-5:00

25. Counseling--HICAP, Health Insurance Counseling and Advocacy Program. Assists families that have questions about Medicare, health insurance, and other health care issues. Spanish available.
Phone Number: M-F 8:00-5:00 1-800-252-3439

26. Dental Clinic-Allan Saxe-This facility offers new patients free dental help on the first Monday of every month. It is located on the Mission Arlington/Mission Metroplex campus. For new patients, call right at 8:30 on the first Monday of each month.
Address: 210 W. South Street Arlington, Texas 76010
Phone Number: 817-860-4474 (Clinic) / 817-277-6620 (Mission Arlington)
Hours for Mission Arlington: Monday -Friday 8:30-5:00, Saturday 9:00-2:00

27. Dental Clinic-Dental Health of Arlington-This service provides dental care to low-income families. Prices are listed on the website.
Address: 501 W. Sanford Street Arlington, Texas 76011
Phone Number: 817-277-1165
Hours: Monday -Thursday 8:00-4:00
Website: www.dentalhealtharlington.org/patients

28. Department of Family and Protective Services (CPS)-This site provides help to children, seniors, and people with disabilities that have been abused or neglected.
Address: 1312 W. Abrams Street Arlington, Texas 76013
Website: <https://txabusehotline.org>
www.dfps.state.tx.us/contact_us/default.asp

Spanish is available on the dfps site, top right
Phone Number: 817-795-5150/1-800-252-5400 Texas Abuse Hotlines
For Emergencies, use the phone number, Not the website.
Texas Domestic Violence Hotline: 1-800-799-7233

29. Domestic Violence Help-Safe Haven-This facility provides emergency shelter for people suffering from domestic violence. This facility helps with transportation, counseling, food, free legal support, and childcare. It is free.

Address: 401 W. Sanford Suite 1400 Arlington, Texas 76011

Phone Number: 817-548-0583 or 817-535-6462

24 hour phone line: 1-877-701-7233 (Safe Haven)

30. ESL Adult Classes-This is through the Arlington Reads program, which is through the public library.

Phone Number: 817-459-6912

Call to learn more about the program and to register.

31. Free and Reduced Meals at School-This service is provided through Arlington School District. Free food can possibly be provided during the school year to children. Free food is available during the summers at certain summer locations.

Website: www.aisd.net In the top right search bar, type in “food services.”

Phone Number: 682-867-7880

Hours: Monday-Friday 8:00-4:30

32. Free Health Clinic-Open Arms-This is a free health clinic for children and adults dealing with chronic pain and non- emergency health issues. They do not prescribe or hand out pain medication.

Address: 3311 Little Road Arlington, Texas 76016

Website: www.openarmshealthclinic.org

Phone Number: 817-496-1919

Hours: Tuesdays 5:00pm -8:00 pm/Fridays 10:00am-3:00pm

If need Spanish, tell the person that answers your call.

33. Free Legal Help-call the Legal Line- This service is provided by the Tarrant County Bar Association. They give free legal advice two times a month, the 2nd and 4th Thursdays of each month.

Website: www.tarrantbar.org

Phone Number: 817-338-4092

34. Food Stamps- (See SNAP)

35. Food Vouchers-Hearts and Hands-This service is provided at North Davis Church of Christ. The food is free, but there is a limited supply.

Address: 1601 N. Davis Drive Arlington, Texas 76012

Phone Number: 817-459-4950

Hours: Monday -Friday 10:00-11:30 am/Wednesdays 6:00-7:00 pm

36. GED classes-This is through the Arlington Reads program, which is through the public library.

Phone Number: 817-459-6912

Call to learn more about the program and to register.

37. Goodwill Industries of Fort Worth-This free service provides help to unemployed and homeless people. It gives them job- readiness training. Goodwill offers free computer access, computer training, career counselors, and help with interviewing for jobs. Goodwill helps people with a past criminal record and people with disabilities to get jobs. They offer career and technical certifications and high school diplomas.

Address: 4005 Campus Drive Fort Worth, Texas 76119

Website: <https://www.goodwillfortworth.org/services/>

Phone Number: 817-332-7866

Hours: Monday -Friday 8:00am-4:30pm

38. Homeless Youth-Promise House-This facility is in Dallas and is for youth experiencing homelessness. It provides most all services needed and all are free: food, shelter, counseling, medical, dental, clothing, future career planning, childcare assistance, etc.

Address: 224 W. Page Avenue Dallas, Texas 75208

Phone Number: 214-941-8578/ 1-866-941-8578

Hours: Monday -Friday 8:15-5:15/ Saturdays 9:00-3:00

39. HUD Homes/Section 8 Housing-This site explains how to apply for rental properties and lower-income housing. It offers a variety of options and helps with foreclosures too.

Website: https://www.hud.gov/topics/rental_assistance

Phone Number: Ft. Worth 817-978-5600

Public Housing Service Center 1-800-955-2232

Spanish available on the website, top right

40. Immigration Services-This service provides help with any issue related to immigration and citizenship. It is provided through Catholic Charities. The cost is 40.00

Address: 917 W. Sanford Street Arlington, Texas 76012

Phone Number: 817-289-4399 in Ft. Worth, Spanish option available

Hours: Monday-Friday 8:00-5:00

41. Legal Aid Line-This is free. Legal advice on many topics. Call for an appointment.

Phone Number: Ft. Worth 1-800-955-3959

Phone Number: 1-888-529-5277

Call Monday -Friday 9:00-4:00 to learn more about this.

Spanish available.

42. Medical Prescriptions Savings Cards-These cards are free. Go to their site to learn more. It will save you money on prescriptions. COMPARE them and see which saves you more money.

“Texas Drug Card”- www.texasdrugcard.com

If you can't print out the Texas Drug Card, go to any CVS and ask the pharmacy to help you. This card is available to every Texan and there are no fees.

“Good Rx”- www.goodrx.com/discount-card

If you can't print out the GoodRx card, there is a place available for you to put in your information and they will mail you one. This card is available to everyone. There are no fees.

43. Mission Arlington/Mission Metroplex-This facility provides many services, all free. Some include: dental care, medical care, clothing, furniture, after school tutoring, food, transportation, etc.

Address: 210 W South Street Arlington, Texas 76010

Phone Number: main line 817-277-6620

Dental Clinic: 817-704-6141

Medical Clinic: 817-277-9597

Hours: Monday -Friday 8:30-5:00/ Saturdays 9:00-2:00.

44. Salvation Army-Arlington-This facility provides a range of services. Some include: shelter, angel tree assistance, computer labs, summer day camps, homeless center, homework assistance, after school care, etc. Prices vary.

Address: 712 W. Abrams Arlington, Texas 76013

Phone Number: 817-860-1836

Hours: Monday-Friday 7:30 am-6:00 pm

Website: www.salvationarmydfw.org/p/locations/arlington

Spanish available, top right

45. SNAP (food stamps)-To apply for food stamps, you can call or go to the website below.

Website: www.yourtexasbenefits.com

Phone Number: dial 2-1-1 or 817-541-7905

46. Suicide Hotline Phone Numbers:

Suicide and Crisis Center of North Texas 214-828-1000

Suicide Hotline: 1-800-784-2433 or 1-800-273-8255

Hotline for Spanish Speakers 1-888-628-9454

Crisis Hotline, text only, Text: 741741

47. Tarrant Area Food Bank-This service provides free food. There is a mobile pantry schedule. See the links below.

Phone Number: 817-534-0814 Spanish available.

Website: <https://tafb.org>

Link for the mobile pantry: <https://tafb.org/services/food/mobile-pantries/>

48. Teen SmokeFree-This site has tips and tools for teenagers and adults to help them quit smoking. The website has an option for Spanish. It also includes a way to get immediate live help through a chat option.

Website: <https://teen.smokefree.gov>

49. Texas Health and Human Services-This service has many things to offer for low-income families. Some include: health clinics, disability resource centers, children's Medicaid, special health concerns/diseases, women and infant program, etc.

Phone Number: 817-461-8273 Spanish available.

Website: <https://hhs.texas.gov>

50. Transportation- Check out Ride2Work. This program is provided by Mission Arlington and Catholic Charities Transportation Services. The fee is 2.00-2.50 range for one-way. Call to learn more.

Phone Number: 817-277-6620 Arlington

Phone Number; 817-336-8714 Tarrant County

51. Tutoring for Children-Hope Tutoring-This is free tutoring offered to 3rd-8th grade students who live in Arlington. You must register through Good Shepherd Methodist Church. Tutoring is on Tuesdays and Thursdays when tutors are available.

Address: 2020 S. Collins Arlington, Texas 76010 (Good Shepherd)

Phone Number: 817-860-7757

Office hours during the school year: Monday and Wednesday 10:00-4:00

Tuesday and Thursday 11:00-6:00.

Call to learn more. Spanish available.

52. Unemployment Benefits- Texas Workforce Commission

1-800-939-6631 and 1-800-558-8321

www.twc.texas.gov/jobseekers/unemployment-benefits-services

Spanish available on the site. Look at the very top of the page.

53. United Way-For United Way, see the first listing in this Guide, 211 Texas

Website: <https://www.211texas.org>

54. Vision- Community Eye Clinic-This service provides vision help for low-income families. This is through First Christian Church. Prices vary.

Address: 655 Taylor Street Forth Worth, Texas 76102

Phone Number: 817-289-6800

Hours: Monday-Thursday 8:30-4:00/Fridays 8:30-11:30

55. WIC-Women, Infants, Children-For help in all areas related to women, infants and children, you can call or go to the website below.

Website: www.yourtexasbenefits.com

Phone Number: dial 2-1-1

